

Download Reasons Many Moms Stop Nursing Soon Real Life Solutions

So you're considering sleep training your baby? Before you do, learn more about baby sleep training. Here are 8 reasons to avoid sleep training your baby. Get the latest health news, diet & fitness information, medical research, health care trends and health issues that affect you and your family on ABCNews.com Diane Wiessinger, MS, IBCLC CoAuthor of The Womanly Art of Breastfeeding. Well finally! Lots and lots of online breastfeeding videos—real mothers, real babies, real breasts, real shapes and sizes—all in one place and wrapped in makes-sense text. Toddler sleep challenges keep us all up at night. Here's four reasons one pediatric sleep expert thinks toddlers wake up.