

Download Psychopathy Recognizing And Handling Sociopaths And Psychopaths 2 In 1

This is a question I have been getting a lot recently. The short answer is yes, sociopaths are generally aware that they are sociopaths. This is one of the differences between sociopaths and narcissists. Sociopaths know they are different from other people, but can force themselves to think and act like a neurotypical person. The causes of psychopathy remain a mystery. We don't even have a satisfactory answer to the question of whether psychopathy is a product of Mother Nature or a feature of upbringing. Personality disorders, at least in the DSM, are divided into "clusters" A, B and C, and there is often a lot of crossover between disorders within one cluster. Christine is a Psychotherapist, Educator, Author and Supervisor of mental health professionals for over 28 years. She was part of a team in the Trauma Unit of St. Brendan's Psychiatric Hospital, Dublin, and has worked specifically with victims of pathological narcissistic abuse in her private practice for many years.