

Download Aikido Training Manuals

Aikido In Training is one of the better books in print on any martial art and certainly in the top 5 books on Aikido. This is more than a how-to textbook, rather it strives for preserving and expanding upon the very spirit of this martial way and in so doing demonstrates the richness of its tradition and culture. In between the above two works, in 1938, Morihei Ueshiba privately published another book, a technical manual called "Budo", for Prince Kaya Tsunenori, who was one of his students at the time. This manual was (re) discovered entirely by accident in 1981 when Aikido Journal editor Stanley Pranin was shown a copy by Zenzaburo Akazawa during the course of conducting an interview. Budo: Commentary on the 1938 Training Manual of Morihei Ueshiba In 1938, Morihei Ueshiba wrote an actual instruction manual about Aikido. This Aikido book is the mother of all Aikido books. If you want to learn Aikido from Osensei himself, get this book. It is our duty as leaders in Aikido to provide challenging and realistic Martial Arts training for all of our Aikidoka's. The United States Judo Association will do its part in providing the Administrative support that is needed to encourage all Aikido Sensei's to study, understand, and teach the techniques presented in this Aikido Training ...